Sweden's work permit now needs a salary of about €3,070 a month

That is 90% of the median salary, from 16 June 2026. Self-employed people need about €17,820 in the bank to start.



90%

of the median salary: the work permit pay floor

Capital	**Stockholm**
Languages	**Swedish**
Currency	**Swedish krona (SEK)**
Population	**10,587,710 (2025)**
Price level 2024 (EU = 100)	**123**
Tax	**52% top income tax, 25% VAT**
Years to	**citizenship 8**
English (EF index 2025)	**#8 in the world**
Global Peace Index	**#40 (2026)**

★ Capital ● City we cover ● Other city

WAYS TO MOVE

Work Permit	**€3,071/mo**
Self-Employed Permit	**from €17,819**

Income or funds asked for one person

COST FOR ONE, A MONTH

Stockholm	**€2,300**

Our estimate for a comfortable life

EAT LIKE A LOCAL

Köttbullar
Pickled herring with potatoes
Smörgåstårta
Ostkaka

EMERGENCY	PLUGS	EU AND SCHENGEN	WORK-DAY OVERLAP
112	C, F	EU, Schengen	2 hours with New York

Visas, costs, taxes and cities for Sweden: **livingineurope.net/countries/sweden**

Sources: Population, price level and minimum wage: Eurostat. English: EF English Proficiency Index 2025. Peace: Global Peace Index. Visas and tax: official government pages, as listed on each of our guides. Europe-wide comparisons: Tax Foundation 2026 and Eurostat. City costs are our estimates. Dishes: Wikipedia, National dish. Map: Natural Earth. Rules change, so confirm with the immigration office. Checked 7 October 2026.